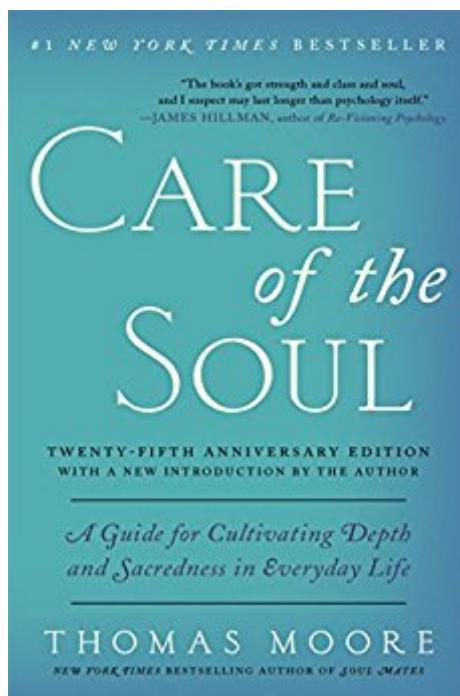


The book was found

Care Of The Soul Twenty-fifth Anniversary Edition: A Guide For Cultivating Depth And Sacredness In Everyday Life



Synopsis

#1 New York Times BestsellerWith a new introduction by the author and additional material, this 25th anniversary edition of the #1 New York Times bestseller by Thomas Moore provides a powerful spiritual message for our troubled times.In this special 25th anniversary edition of Thomas Mooreâ™s bestselling book *Care of the Soul* readers are presented with aÂ revolutionay approach to thinking about daily lifeâ "everyday activities, events, problems and creative opportunitiesâ "and a therapeutic lifestyle is proposed that focuses on looking more deeply into emotional problems and learning how to sense sacredness in even ordinary things.Basing his writing on the ancient model of "care of the soul"â "which provided a religious context for viewing the everyday events of lifeâ "Moore brings "care of the soul" into the 21st century. Promising to deepen and broaden the reader's perspective on his or her own life experiences, Moore draws on his own life as a therapist practicing "care of the soul," as well as his studies of the world's religions and his work in music and art, to create this inspirational guide that examines the connections between spirituality and the problems of individuals and society.Â

Book Information

File Size: 1293 KB

Print Length: 338 pages

Page Numbers Source ISBN: 0060922249

Publisher: Harper Perennial; 25 Anv edition (January 26, 2016)

Publication Date: January 26, 2016

Sold by:Â HarperCollins Publishers

Language: English

ASIN: B01AFYCPMG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #25,001 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 inÂ Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Consciousness & Thought #14 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Applied Psychology #17 inÂ Kindle Store > Kindle eBooks > Health, Fitness &

Customer Reviews

I agree wholeheartedly with Thomas Moore's assertion that "loss of soul" is a major problem facing us today. People who are cut off from soulful family and friendship may find themselves in a cultural void, a barren world where problems are solved with pills and the media replaces real community. We have lost ourselves in the chaotic din and senseless rush. We are more sophisticated than ever, yet we remain unsatisfied. Do we know what will really satisfy us? Can we be still and take an honest look at ourselves? Are we making the best use of the one short life that has been given us? If you recognise these questions, then 'Care of the Soul' might help you begin to answer them. Moore has a sense of the sanctity of human life, he urges us to see each life as precious and has respect for what each individual presents, however unpleasant it may seem. Every story and pathology is meaningful and can reveal truths about not just the individual but also about their family and society. When I first read the book I was most impressed by the chapter on narcissism, which remains the most authoritative account of self-love I have read. We are used to hearing that we must love ourselves before we can truly love another, but do we really know how? Moore correctly interprets the story of Narcissus not simply as an example of the symptom of narcissism, which is how it is often misinterpreted, but as the myth of true self-love, and he tells it with the insight you might expect from a therapist. This alone was a revelation and changed my life. I wonder if when Narcissus recognises himself he is experiencing the well-known 'Thou Art That' of Indian philosophy. Other key themes such as jealousy, power and depression are explored also. A previous reviewer wrote that Moore thinks we should not change.

[Download to continue reading...](#)

Care of the Soul Twenty-fifth Anniversary Edition: A Guide for Cultivating Depth and Sacredness in Everyday Life Librarian's Guide to Online Searching: Cultivating Database Skills for Research and Instruction, 4th Edition: Cultivating Database Skills for Research and Instruction Evernote for your Life | A Practical Guide for the Use of Evernote in Your Everyday Life [2014 Edition]: A Practical Guide for the Use of Evernote in Your Everyday Life Cats: Cat Care: Kitten Care: How To Take Care Of And Train Your Cat Or Kitten (Complete Guide To Cat Care & Kitten Care With Pro Training Grooming & Nutrition Tips) Orchids Care Bundle 3 in 1, THE NEW EDITION: Orchids + Orchids Care For Hobbyists + Phalaenopsis Orchids Care (Orchids Care, House Plants Care, Gardening Techniques Book 4) Cultivating Compassion: Simple Everyday Practices for Discovering Peace of Mind and Resilience Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's

Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) The Writer's Guide to Everyday Life from Prohibition Through World War II (Writer's Guides to Everyday Life) Echoes of the Soul: The Soul's Journey Beyond the Light - Through Life, Death, and Life After Death The Composition of Everyday Life, Concise (The Composition of Everyday Life Series) Governing California in the Twenty-First Century (Fifth Edition) The Seat of the Soul: 25th Anniversary Edition with a Study Guide The 36-Hour Day, fifth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss (A Johns Hopkins Press Health Book) 5th (fifth) edition Chicken Soup for the Grieving Soul: Stories About Life, Death and Overcoming the Loss of a Loved One (Chicken Soup for the Soul) Soul by Soul: Life Inside the Antebellum Slave Market Theory and Practice of Group Psychotherapy, Fifth Edition 5th (fifth) edition (authors) Yalom, Irvin D., Leszcz, Molyn (2005) published by Basic Books [Hardcover] GIS Tutorial for Health, fifth edition: Fifth Edition All Music Guide to Soul: The Definitive Guide to R&B and Soul Librarian's Guide to Online Searching: Cultivating Database Skills for Research and Instruction, 4th Edition What Your Fifth Grader Needs to Know: Fundamentals of a Good Fifth-Grade Education (Core Knowledge Series)

[Dmca](#)